



## CSPHC and CSPHP Certification Exam Preparation

The following websites, texts, documents and articles are provided as references to assist Clinician and Professional-level applicants in preparing for the certification exam. **Please note:** *This is not an exhaustive list.*

### 1. Sample examination on the ASPHP Certification webpage for applicants to review:

[http://www.asphp.org/wp-content/uploads/2011/05/ASPHP-Certification-Practice-Exam\\_FINAL-Format.pdf](http://www.asphp.org/wp-content/uploads/2011/05/ASPHP-Certification-Practice-Exam_FINAL-Format.pdf)

### 2. References for applicants to review:

- VA's SPHM materials:
  - <https://www.publichealth.va.gov/employeehealth/patient-handling/>
  - [https://www.publichealth.va.gov/docs/employeehealth/Pt\\_Hdlg\\_Design\\_Equip\\_Coverage\\_Space\\_Recs.pdf](https://www.publichealth.va.gov/docs/employeehealth/Pt_Hdlg_Design_Equip_Coverage_Space_Recs.pdf)  
*Guidelines for patient handling equipment that address the coverage and installation of ceiling-mounted lifts and the coverage and storage of portable/floor-based lifts.*
- ANA's Safe Patient Handling and Mobility Interprofessional National Standards and Implementation Guide:
  - <https://www.nursingworld.org/nurses-books/safe-patient-handling-and-mobility-interprofessional-national-standards-ac/>
  - <https://www.nursingworld.org/nurses-books/implementation-guide-to-the-safe-patient-handling-and-mobility-interprofess/>
- Facilities Guideline Institute's PHAMA Whitepaper on SPHM  
<https://www.fgiguilines.org/resource/patient-handling-and-movement-assessments/>
- OSHA SPHM website for healthcare:  
[https://www.osha.gov/dsg/hospitals/patient\\_handling.html](https://www.osha.gov/dsg/hospitals/patient_handling.html)
- CDC NIOSH SPHM website for healthcare:  
<https://www.cdc.gov/niosh/topics/safepatient/default.html>
- Audrey L. Nelson, PhD, RN, FAAN publications:
  - "The Illustrated Guide to Safe Patient Handling and Movement "
  - "Safe Patient Handling & Movement: A Practical Guide for Healthcare Professionals"
- International Journal of Safe Patient Handling and Mobility:  
<https://sphmjournal.com/>