



## Certification Examination Preparation

**1) Sample examination: on the Certification webpage for applicants to review:**  
[http://www.asphp.org/wp-content/uploads/2011/05/ASPHP-Certification-Practice-Exam\\_FINAL-Format.pdf](http://www.asphp.org/wp-content/uploads/2011/05/ASPHP-Certification-Practice-Exam_FINAL-Format.pdf)

**2) References to review:**

- VA SPHM-materials: <https://www.publichealth.va.gov/employeehealth/patient-handling/>  
[https://www.publichealth.va.gov/docs/employeehealth/Pt\\_Hdlg\\_Design\\_Equip\\_Coverage\\_Space\\_Recs.pdf](https://www.publichealth.va.gov/docs/employeehealth/Pt_Hdlg_Design_Equip_Coverage_Space_Recs.pdf)

Guidelines for equipment used for patient-handling that addresses coverage and installation issues surrounding ceiling-mounted lifts, and coverage and storage issues for portable/floor-based lifts

- ANA Eight Interdisciplinary SPHM Standards and companion “Implementation Guide”  
<http://www.nursingworld.org/MainMenuCategories/WorkplaceSafety/SafePatient>

- Facilities Guideline Institute’s PHAMA Whitepaper on SPHM  
<https://www.fguidelines.org/resource/patient-handling-and-movement-assessments/>

- OSHA/NIOSH SPHM websites for healthcare  
[https://www.osha.gov/dsg/hospitals/patient\\_handling.html](https://www.osha.gov/dsg/hospitals/patient_handling.html)  
<https://www.cdc.gov/niosh/topics/safepatient/default.html>

- Audrey Nelson, PhD RN FAAN publications:  
“The Illustrated Guide to Safe Patient Handling and Movement “  
“Safe Patient Handling & Movement: A Practical Guide for Healthcare Professionals”

- Safe patient-handling journal  
<https://sphmjournal.com/>