IMPROVING THE QUALITY OF LIFE & OUTCOMES FOR RESIDENTS

CUTTING EDGE PRACTICE

SAFE PATIENT/RESIDENT HANDLING AND MOBILITY CREATES A CULTURE OF SAFETY

A comprehensive Safe Patient Handling & Mobility (SPHM) program is essential in providing person-centered and person-directed care. SPHM establishes a foundation upon which caregivers can build caring relationships with residents. The program provides caregivers with a unique understanding of the resident’s world. Through the SPHM mobility assessment caregivers are provided with knowledge about each individual’s mobility needs, likes, and dislikes. A sample Resident Mobility Assessment Tool is below. A resident that is able to function at his or her highest functional level has an improved quality of life. The culture of safety created by a comprehensive SPHM program ensures that adverse outcomes from immobility are minimized. Ultimately the resident, their families, and the caregiver benefit from the positive outcomes of the culture of safety created by the SPHM program.

PERSON CENTERED/PERSON DIRECTED CARE AT ITS BEST

“Isn’t it fantastic that I’m totally dependent so the lift has helped me a lot. I’m just thankful that it is here to accommodate me.”

The American Physical Therapy Association endorses SPHM and has a written position titled, “The Role of Physical Therapy in Safe Patient Handling.” APTA endorses the following concepts: PTs and PTAs should be involved throughout development, implementation, refinement and maintenance of SPHM programs; leaders should lead by example the concepts of SPHM during patient care; and leaders should be leaders in multidisciplinary SPHM training programming to expand SPHM knowledge and resources of the multidisciplinary health care team.

Pictures & Testimonials courtesy of Hebrew Senior Life Circle of Fitness

“I couldn’t live without it. I thank God for it. That’s really how it is. Thank goodness this is an easy thing and it puts no strain on the worker and no strain on me. There’s no question about it, it is fantastic.”

“I helps me a lot since I can’t walk. The (stand aid) helps me get around a bit better and I use it to get to the bathroom with assistance.”

The ASPHP encourages the use of all appropriate assistive devices and consultative expertise. However, the ASPHP does not endorse one particular manufacturer, device or company.

Resident Mobility Assessment Tool

Hebrew SeniorLife 2015

2013 ANA SPHM Interprofessional National Standards

Standard 6: Integrate Patient-Centered Assessment, Care Planning, and Use of SPHM Technology

IMPROVED OUTCOMES

Improved:
- quality of care
- safety & comfort
- resident satisfaction
- mood and sense of well being

Reduced:
- risk of falls and controlled descent to the floor
- friction burns
- dislocated shoulders
- pressure ulcers
- skin tears & bruises
- complications from immobility: UTIs, pneumonia, DVTs, contractures

References